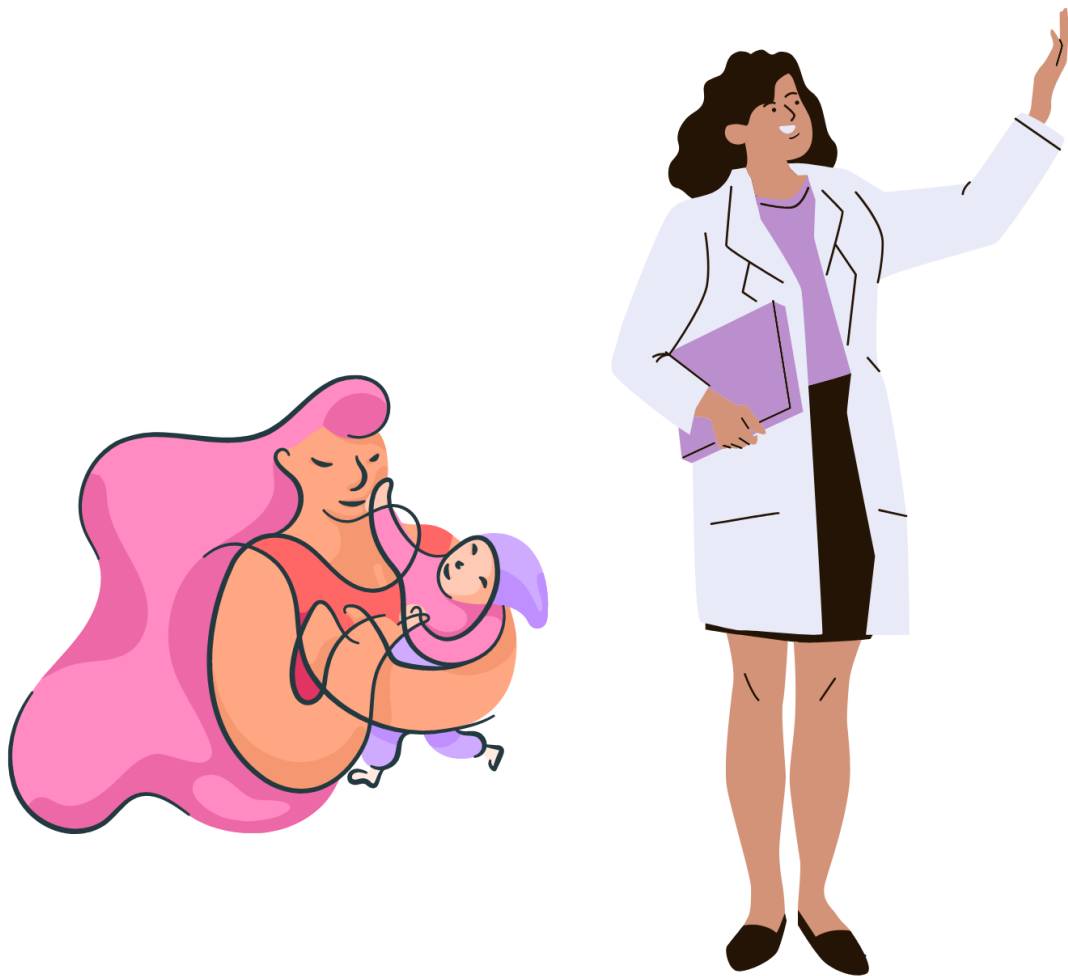


My Mom is an Essential Worker

Processing mom's
absence during COVID19

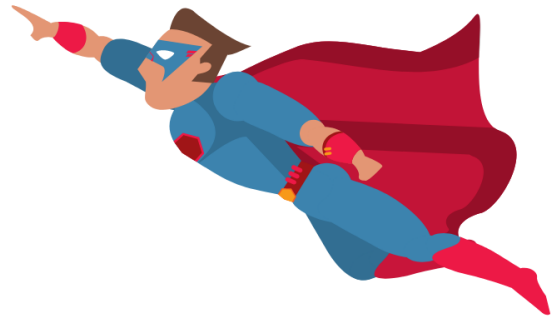




My mom is an
essential worker.

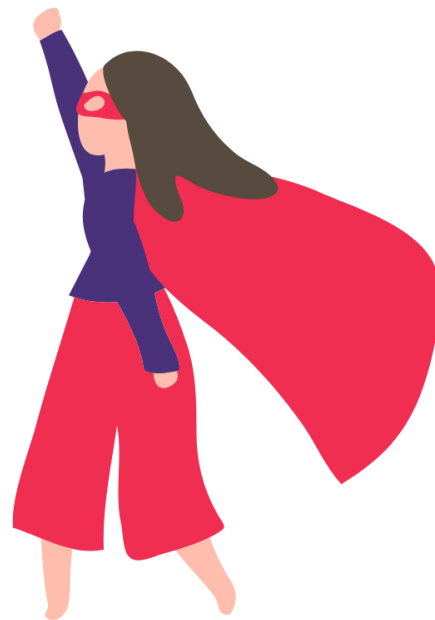
That means she takes
care of people in a
special way. In a way
noone else can help.





She is really strong and
special, like a

super hero!



2.

Because she's so important,
she has to go to work.

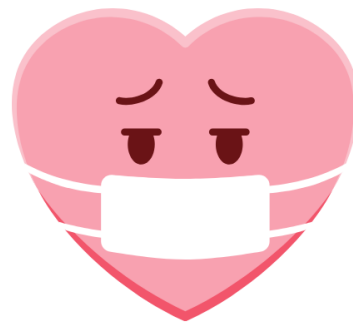


But even at work,
mom is ALWAYS
thinking about

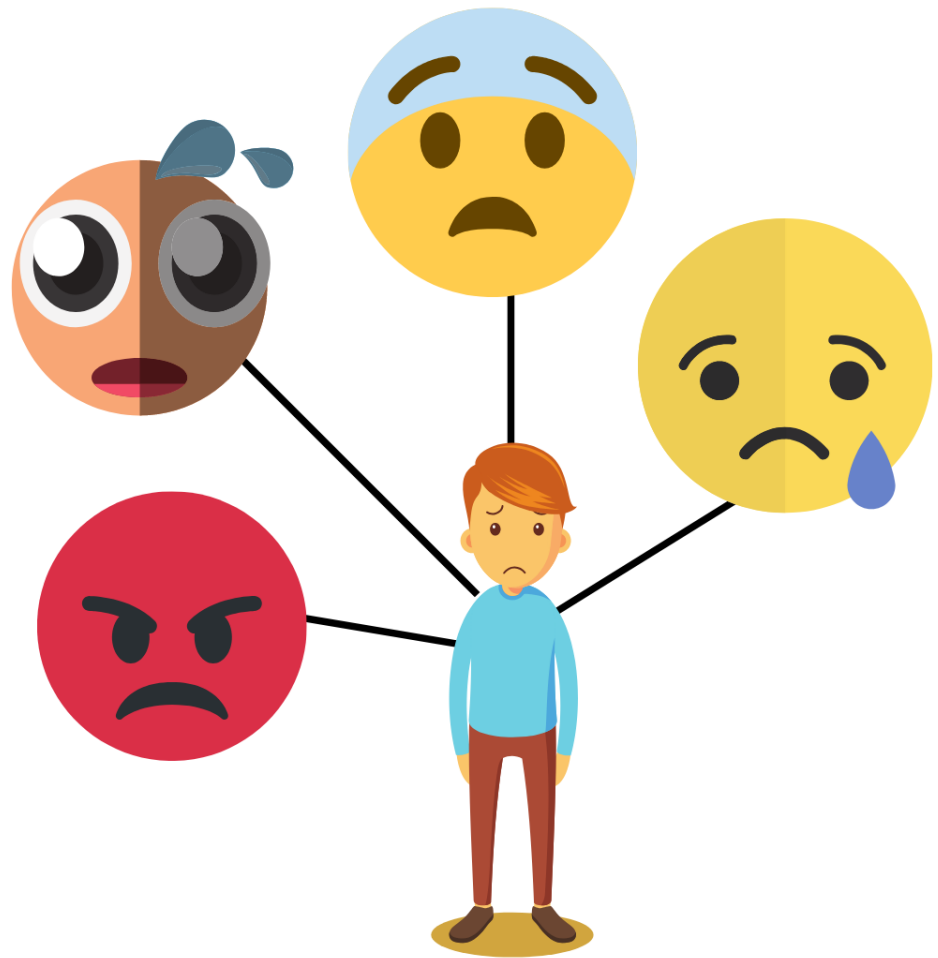
YOU.

You may be **sad** because mom is not home very often.

You may be **worried** about her getting sick.



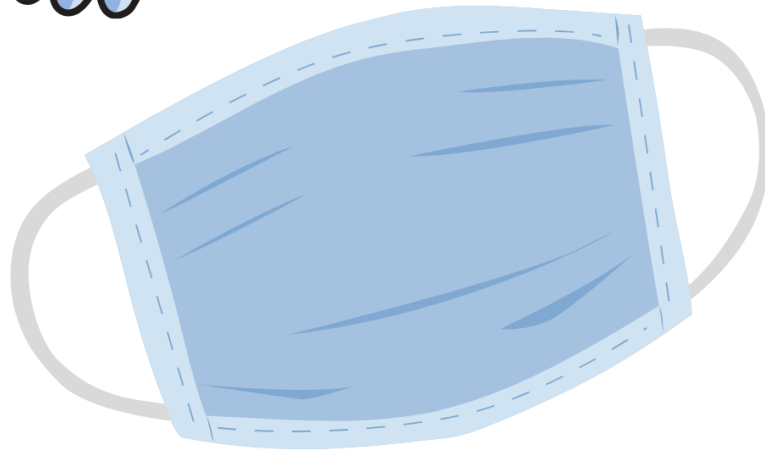
You probably have a lot of feelings right now.



and that's ok!



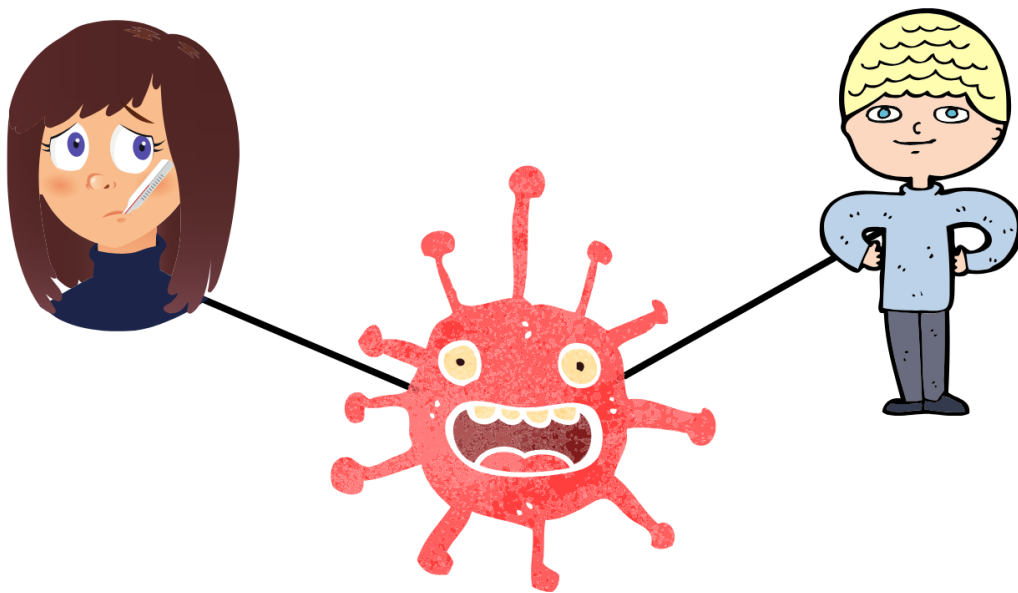
Mom is taking extra
good care of herself



so she can stay
healthy and safe.

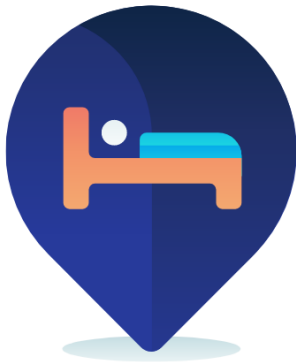


Where mom works, she may be exposed to a virus called the corona virus.



Some people who get sick with the corona virus stay sick, but many get **better**.

In order to keep you
safe too...



...she may have to
sleep in a different
room or even in a
completely
different place.

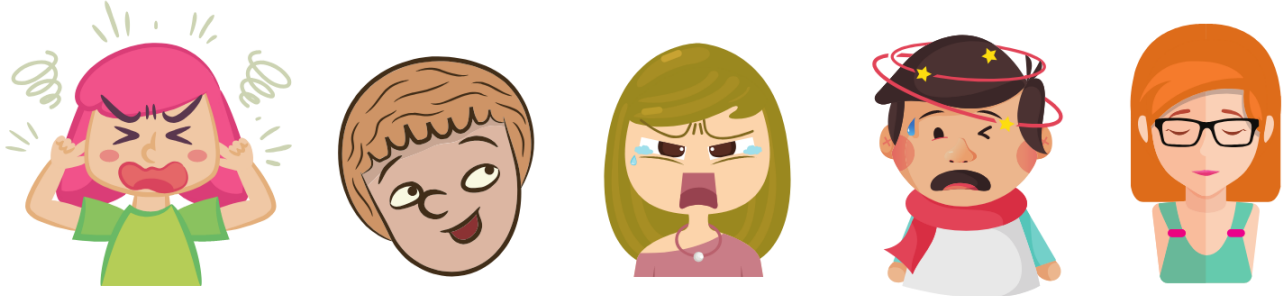
That can feel really
scary and sad. And mom
misses you too.





Even though it's sad
to miss mom, it's
okay to enjoy your
time with dad...
or whoever is taking
care of you!

You can have
two feelings at the
same time.



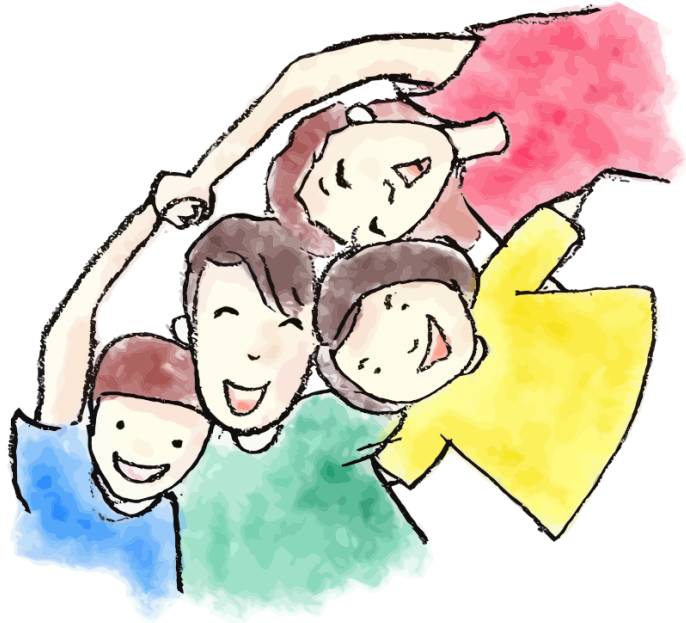
Just like mom, you are strong too!

This is hard and you can be sad,
mad, happy, scared **and** brave.



Soon, we will be able
to snuggle, hug, and
kiss again!





For now, enjoy your
time with dad or
whoever is taking
care of you and
know that Mom
loves you!

